

# FORMATION INITIALE SST - ANGLAIS



RÉFÉRENCE: SAP006

## INITIAL TRAINING SST - FIRST AID WORKER

### LE + GROUPE ACN

Training certificate  
SST card and SST sticker

### PREREQUISITE

To inform the occupational health of the SST training in accordance with R4626-1 article.

### PARTICIPANTS

All interested collaborators.

### PLACE

Inside your company or intercompany our training centers.

1 COLLABORATOR  
MINIMUM  
10 COLLABORATORS  
MAXIMUM

DURATION  
14 hours -  
2 days



Référentiel National Qualité

Audité par  
BUREAU VERITAS  
Certification



Qualiopi  
processus certifié

### GOALS

The first aid worker has :

- to prevent accidents with health and safety interlocutors with respect for legislation.
- to assist with security and efficiency in front of an accident in keeping with rules of the company.

### TABLE OF CONTENTS

#### Field of competence 1 :

- To identify the SST role in the company.
- To protect :
  - The alert and protection of the population.
  - Special alerts (water dam, terrorist attack).
  - The analysis of accident and protection.
  - The emergency exit of the victim.
- To examine :
  - Has the victim an heavy bleeding ?
  - Is the victim choking ?
  - Does the victim speak ?
  - Does the victim breath ?
- To alert :
  - Who alerts ? The message.
- To rescue :
  - The heavy bleeding : manual compression, compression bandage, tourniquet.
  - The victim is choking.
  - The victim is unconscious but she breathes : lateral position.
  - The victim is unconscious but she isn't breathing : CPR cardio-pulmonary reanimation and defibrillator.
  - The victim has got a malaise.
  - The victim is suffering from burns.
  - The victim has got a pain when she moves.
  - The victim has got a wound without an heavy bleeding.

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#### **Field of competence 2 :**

- The role of the SST on the prevention of accidents in the company :
  - Work accident.
  - Journey accident.
  - Occupational disease.
  - Internal and external actors of prevention.
  - The employer obligations and DUERP.
- To realize actions of protection to prevent :
  - Hazard hunt.
  - 9 general principles of prevention.
- To inform people specified by the prevention plan of the recognize dangerous situation.



### PEDAGOGICAL PROCEDURES - EVALUATION

The content of the training is conformable to the baseline of INRS. After continuous evaluation of participants by the trainer, ACN delivers an attestation and a certificate of first aid valid for 2 years.

Theoretical presentation, incident simulation exercise, case study, trainer feedback.

#### **List of pedagogical material :**

- IT equipment : computer, videoprojector, printer.
- Demo equipment : material for simulation exercise, makeup, first aid manikin, defibrillator.

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